

RAISE YOUR ENERGY FREQUENCY To Attract Abundance & Live The Life You Truly Desire



- **Balance**

When we become out of balance excessively and over prolonged periods of time, our body's natural ability to heal itself declines. We're not able to operate optimally. Consequently, we find that we are not in the best state to attract abundance and live the life we desire.

Everything is energy or life force (Chi)- expressed in electromagnetic vibrational frequency. Everything has frequency – even thoughts and solids. Negative emotions or limiting thoughts lower our frequency 12 MHz while positive thoughts raise our frequency by 10 MHz.

- **Essential Oils**

Pure grade essential oils range in frequency from 52 to 580 MHz. A healthy body from head to toe typically has a frequency range of 62 to 78 MHz, while disease begins at 58 MHz.



- **Self Healing**

In simple terms and at the physical level, frequency is the measurement of how quickly foundational cells are circulating & regenerating within the body.

The greater the movement within the cells, the more freely your body is to self-heal.

The slower the cells move within the body, the greater the chance for tumors, blockages, and diseases to develop.

- **MHz**

Healthy Body	62-78
Cold/Flu	57-60
Cancer	42
Death	25

Fresh Food	20-27
Dried Food	15-22
Dried Herb	15-22
Canned Food	0
Processed Food	0

Negative Thoughts	-12
Positive Thoughts	+10
Praying	+15
Smelling Coffee	- 8
Drinking Coffee	-14
Holding a Cigarette	-17
Smoking a Cigarette	-23

Essential Oil Frequency Range:
52-580 MHz